

Two Angry Moms

—the fight to get dead foods out of schools

Once upon a time, there were two angry moms. Their names were Amy Kalafa and Dr. Susan Rubin. Why are they so angry and who are they angry with? Well, in so many similar situations today, these two ladies are actually fighting to save other children from the deadly foods which are served in the cafeterias of our schools. They could use their knowledge and education to selfishly protect their own children, but like so many great leaders, that is not an option. All children deserve to be protected from large corporations which insist on filling our children's bodies with toxic, chemically laced, behaviour-distorting narcotic garbage. These two remarkable women have dedicated their entire lives to the pursuit of giving all children access to healthy foods and they are really making some headway. They have made a great film and more information about their amazing crusade can be found on the website, www.angrymoms.org.



Although they are from the U.S., where abuses to food and health are leading the planet, it is still beneficial to witness just how ruthless large corporations can be when trying to take aim at our children.

If there are two underlying concepts which can be applied universally to these types of situations, they are a) "money" is the reason all this is happening, and b) 1% of the population are literally destroying it for the other 99% of the population. When I say "destroying it," you may ask, "What is it?" "It" could be our children's futures because only 1% of the population reaps any benefit from serving French fries or pop to our children. "It" could be something like our lives, when a forced immunization campaign in Australia in 1994 caused 50 deaths and thousands of hospitalizations when a drug company decided to work with the government to unload their nearly expired stockpiles of rubella vaccine.

The bigger picture in regard to the *Two Angry Moms* should never be lost and that is, the persons whose jobs are to protect us are selling our rights to a very small percentage of the population for massive profit. Traditional justice is slow for these corporate puppets but a new justice appears to be the Internet, where public information flows quicker than a flash mudslide caused by overlogging.

Here are some of the techniques big companies are using, with approval from school officials, to develop an army of addicted students. The schools in Canada deal the same deadly array of pop, chips, French fries, pizza, processed meat subs and tap water-based sugar fruit drinks. Again, 1% of the population are benefitting from the misery of the other 99%.

Krispy Kreme Doughnuts provides a free doughnut for every

"A" on a report card and when the parents drop off the child they are encouraged to buy a dozen doughnuts to support the Student Activity Fund (PalmBeachPost.com Aug. 24). Over 12 million children received free book covers advertising Frosted Flakes and Lays Potato Chips (Consumer Reports 1998). McDonald's, Pizza Hut and Domino's Pizza provide coupons for pop, French fries, burgers or pizza as a reward in reading programs (Education Digest, 2000). My personal favourite is Dairy Queen Blizzard Day for CHEO. How does eating toxic food benefit anyone? In reality, eating addictive foods, without guilt, appears to be the big selling point here.

Healthy student food ideas can be found on the *Two Angry Moms* website. They also describe what you can do to start a wave of change in your community.